THE ‘LIVING-LEARNING EXPERIENCE’: RESIDENTIAL TRAINING

• Come and live in an ‘enabling environment’ for three days, in a beautiful organic farm study centre in Kent.

• Learn about the power of group process in a safe and enjoyable way

• Experience what goes into making any group or working environment genuinely therapeutic

• Also find time to relax, be playful, have fun and recharge your batteries!

To book or request bespoke courses: Sue Pauley 07815 902049 sue@tva2i.net

See overleaf for more information, learning outcomes, dates & staff team

Recognised by:
THE ‘LIVING-LEARNING EXPERIENCE’: RESIDENTIAL TRAINING

What is it?
This is a residential training course of intensive groupwork. It is to help staff develop reflective practice skills. It is set up as a highly structured programme of activities. Participants explore the experience working closely with others and how to use relationships in clinical practice effectively. During the training course participants:
- explore self in relation to others
- attend community meetings, small, large and work groups, and other activities involved in a residential community
- meet with colleagues sharing your work experience

What will you Learn?
- Knowledge and Understanding
  - To be able to apply knowledge of one’s own patterns of behaviour in the formation of therapeutic and other relationships
  - To experience and subsequently understand and critically evaluate the nature and impact of intensive group processes
- Intellectual Skills
  - To describe the impact of one’s self on another, and vice-versa
  - To apply this knowledge in understanding one’s own emotional development
- Practical Skills
  - To understand and work therapeutically with the power dynamics (“us and them”) common in complex emotional needs and forensic clinical work
- Transferable Skills and Attributes
  - To make links between objective and subjective understanding of relationships

Who Runs it?
Living and Learning is hosted by Growing Better Lives [www.growingbetterlives.org](http://www.growingbetterlives.org) and the staff team includes:
- **Anando Chatterji**, TC team leader, Bangalore
- **Gian Carlo Decimo**, Addictions psychiatrist, Trapani, Sicily
- **Veronica Dominguez**, NHS psychotherapist, Kent
- **Rex Haigh**, Group Analyst and NHS psychiatrist, Berkshire
- **Sandra Kelly**, Group Analyst NHS nurse psychotherapist and TC team leader, Leics
- **Jon Lees**, Group Analyst NHS psychotherapist and TC researcher, Notts
- **Aldo Lombardo**, TC psychiatrist, Rome
- **Sheena Money**, NHS psychodramatist, Oxon and Thames Valley
- **Neil Palmer**, Group Analyst, Bucks
- **Steve Pearce**, Group Analyst, NHS psychiatrist, Oxford
- **Yousuf Rahimi**, NHS psychiatrist, Kabul
- **Sarah Tucker**, Group Analyst, London
- **Bridget Walker**, Creative Arts Psychotherapist, Wiltshire

Where is it?
Bore Place, Sevenoaks: [www.commonwork.org](http://www.commonwork.org)

When is it?

What does it cost?
£475 per person to include the textbook The Theory and Practice of Democratic Therapeutic Community Treatment, S Pearce and R Haigh. This includes all accommodation, meals, fees and course materials.

How do you book?
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